



Give the Gift of Health



Whether they live near or far, remind your parents and parents-in-law that they can call Health Advocate too!

You can also reach out to us on their behalf. There's no cost to use the program; it's paid for by your employer or plan sponsor.



Your Health Advocate program provides your family with experts who can:

- Find doctors and specialists
- Help schedule appointments
- Address medication issues
- Explain Medicare
- Resolve claims issues
- Negotiate medical bills
- Secure second opinions
- Provide confidential, short-term counseling assistance 24/7
- Help with stress, anxiety, depression family problems
- Support you with grief, loss, substance abuse
- Find eldercare, in-home care, assisted-living, long-term care
- Connect you to legal and financial specialists
- Refer you to long-term support as needed



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